



November Breakfast Menu

Elementary & Middle School

Mon	Tue	Wed	Thu	Fri
<p>Monthly - November Full Price: \$28.50 Reduced: \$5.70 Daily: \$1.50 Reduced: \$.30</p> <p>This institution is an equal opportunity employer</p>	<p>WG = whole grain item</p> <p>Milk Choices include: non fat chocolate or 1% white</p> <p>All cereals are Whole Grain</p> <p>Hot and Cold Cereals available</p>		<p>1 WG Nutri- Grain Bar Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>2 WG Mini Donuts Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>
<p>5 WG Frudel Strudel Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>6 WG French Toast Sticks Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>7 WG English Muffin w/ Cheese, Peanut Butter or Jelly Assorted Cereals Fruit Cup Fruit Juice Choice Milk Choice</p>	<p>8 WG Cereal Bar Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>9</p> <p>No Classes</p>
<p>12 WG Pop Tart Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>13 Hard Boiled Egg Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>14 Yogurt Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>15 WG Min Long John Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>16 WG Nutri- Grain Bar Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>
<p>19 WG Frudel Strudel Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>20 Egg and Cheese Omelet Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>21 WG Banana Bread Slice Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>22</p> <p>Thanksgiving No Classes</p>	<p>23</p> <p>Thanksgiving Break No Classes</p>
<p>26 WG PB and J Wrap Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>27 WG Pop Tart Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>28 WG Banana Choc. Chip Muffin Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>29 WG Bagel w/ Cheese or Peanut Butter Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>	<p>30 WG Pancake Bites Assorted Cereals Fruit Cup</p> <p>Fruit Juice Choice Milk Choice</p>